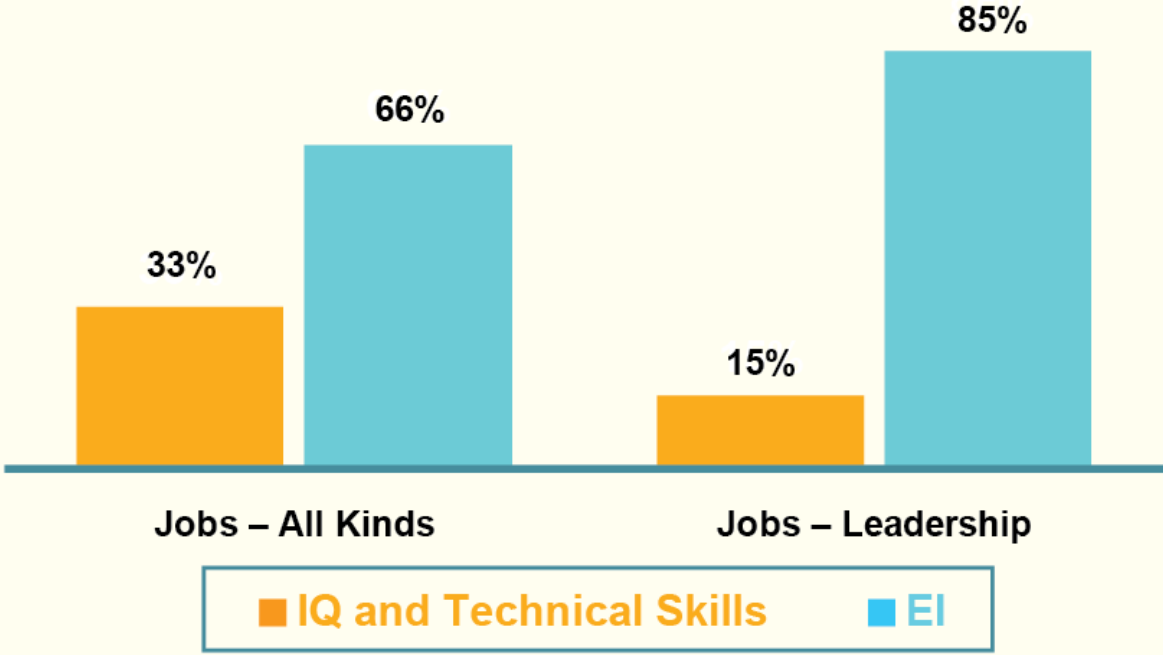


# THE INGREDIENTS of STAR PERFORMANCES: DISTINGUISHING COMPETENCIES



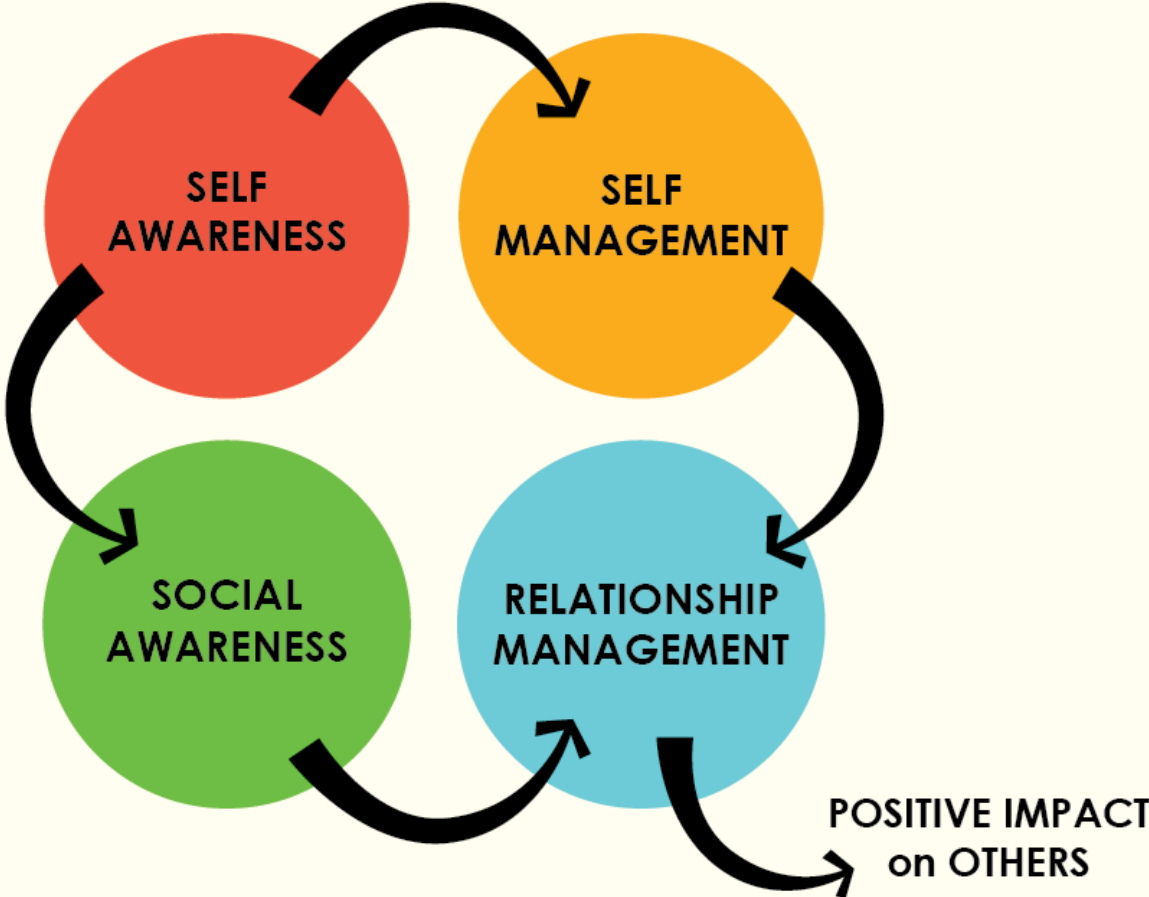


**SELF  
AWARENESS**

**SELF  
MANAGEMENT**

**SOCIAL  
AWARENESS**

**RELATIONSHIP  
MANAGEMENT**



**SELF  
AWARENESS**

**SELF  
MANAGEMENT**

**SOCIAL  
AWARENESS**

**RELATIONSHIP  
MANAGEMENT**

**EMOTIONAL  
SELF  
AWARENESS**

**EMOTIONAL  
SELF  
CONTROL**

**ADAPTABILITY**

**EMPATHY**

**INFLUENCE**

**COACH  
and  
MENTOR**

**ACHIEVEMENT  
ORIENTATION**

**POSITIVE  
OUTLOOK**

**ORGANI-  
ZATIONAL  
AWARENESS**

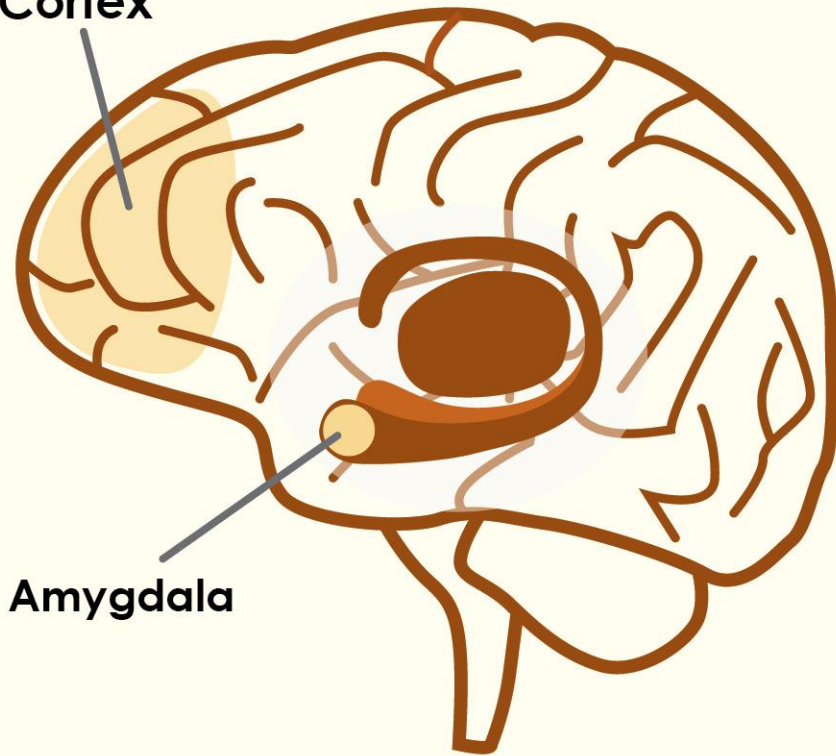
**CONFLICT  
MANAGEMENT**

**TEAMWORK**

**INSPIRATIONAL  
LEADERSHIP**

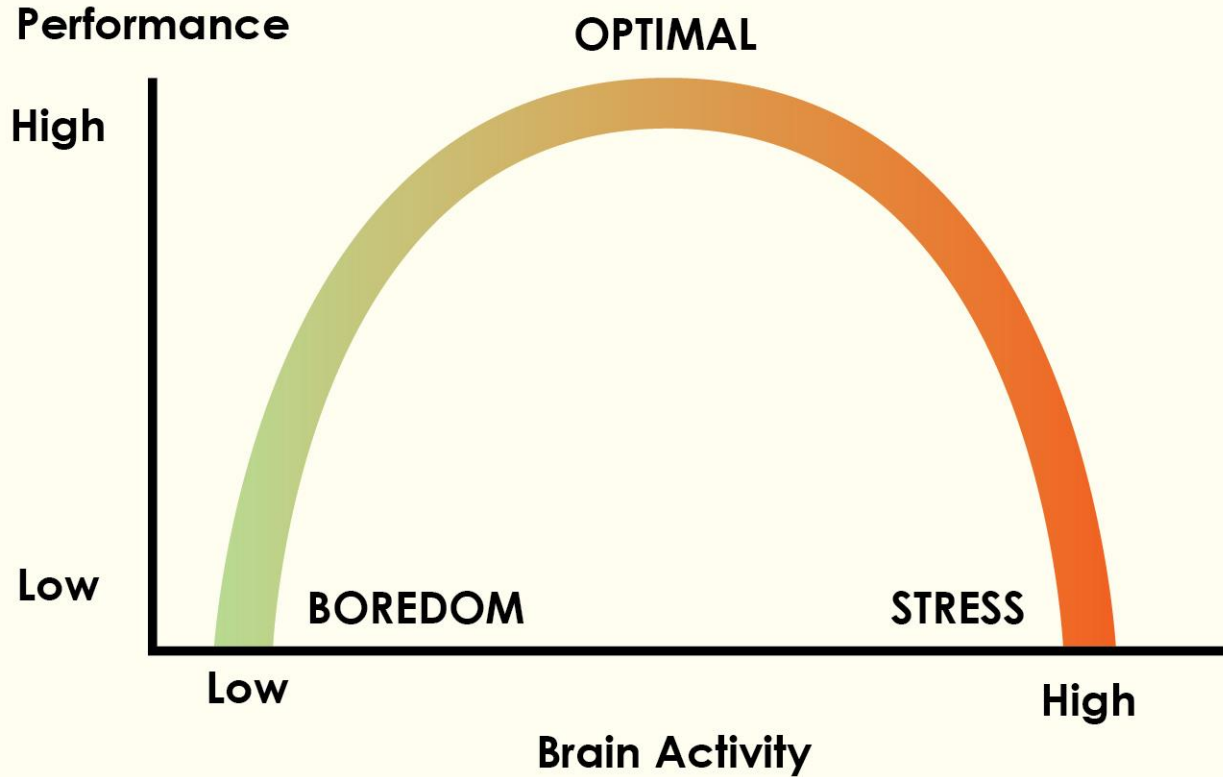
**For more information, visit: [keystepmedia.com/primers](http://keystepmedia.com/primers)**

**Prefrontal  
Cortex**



**Amygdala**

# BRAIN ACTIVITY and PERFORMANCE



**SELF  
AWARENESS**

**EMOTIONAL  
SELF  
AWARENESS**

**SELF  
MANAGEMENT**

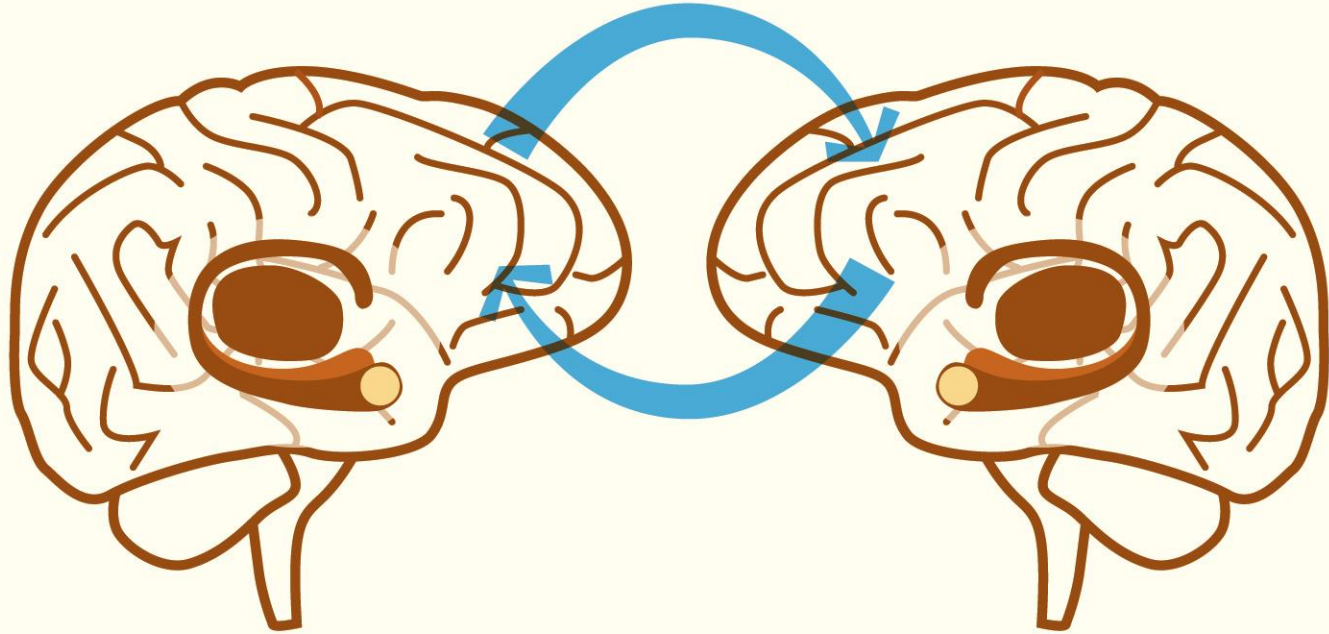
**EMOTIONAL  
SELF  
CONTROL**

**ADAPTABILITY**

**ACHIEVEMENT  
ORIENTATION**

**POSITIVE  
OUTLOOK**

# SOCIAL BRAIN





**SOCIAL  
AWARENESS**

**EMPATHY**

**ORGANI-  
ZATIONAL  
AWARENESS**

**RELATIONSHIP  
MANAGEMENT**

**INFLUENCE**

**COACH  
and  
MENTOR**

**CONFLICT  
MANAGEMENT**

**TEAMWORK**

**INSPIRATIONAL  
LEADERSHIP**

# Leadership Style Impact on Climate

## Leadership Style

## Impact on Climate

### **Visionary**

Provides long-term direction and vision



### **Coaching**

Develops employees for long-term



### **Affiliative**

Creates harmony in work relationships



### **Democratic**

Builds commitment through collaboration



### **Pacesetting**

Pushes to accomplish tasks



### **Commanding**

Demands Compliance



## Development Steps

**1: Motivation**

**2: Support**

**3: Assessment**

**4: Learning Plan**

**5: Practice**

# Resources

Daniel Goleman Emotional Intelligence Coaching Certification Program:  
[www.keystepmedia.com/emotional-intelligence-coaching-certification](http://www.keystepmedia.com/emotional-intelligence-coaching-certification)

Emotional Intelligence Competency Primers:  
[www.keystepmedia.com/primers](http://www.keystepmedia.com/primers)

Follow up:  
[contact@danielgoleman.info](mailto:contact@danielgoleman.info)

Emotional and Social Competency Inventory, ESCI-360:  
[kornferry.com/emotional-intelligence-development-program/emotional-intelligence-how-it-works](http://kornferry.com/emotional-intelligence-development-program/emotional-intelligence-how-it-works)



**DANIEL GOLEMAN**  
**EMOTIONAL INTELLIGENCE**  
**COACHING CERTIFICATION PROGRAM**

**An intensive program of study for coaches interested in learning how to add Emotional Intelligence to their repertoire. The certification program includes two mediated twelve-week programs of online study, interspersed with in-person residencies, and a practicum.**

**ENROLLMENT OPEN NOW**