

Mindfulness in organisations; Leadership from the soul



Follow your heart
Use your head

Triodos  **Bank**

Empower, Engage, Enjoy

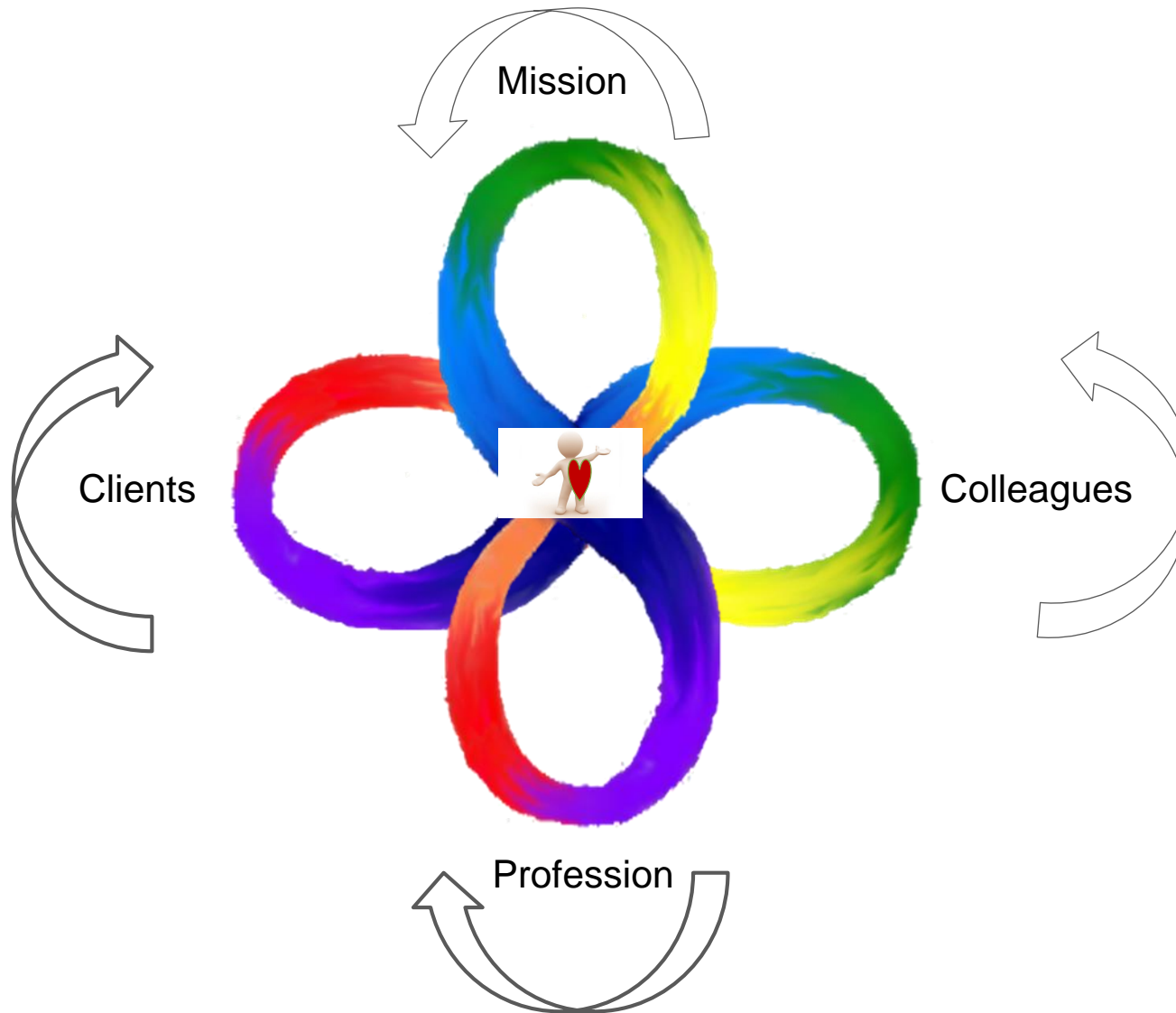
Human Relations (HR)
Dorette Hollestelle - Geesink
11 October 2018

How is your Mood?

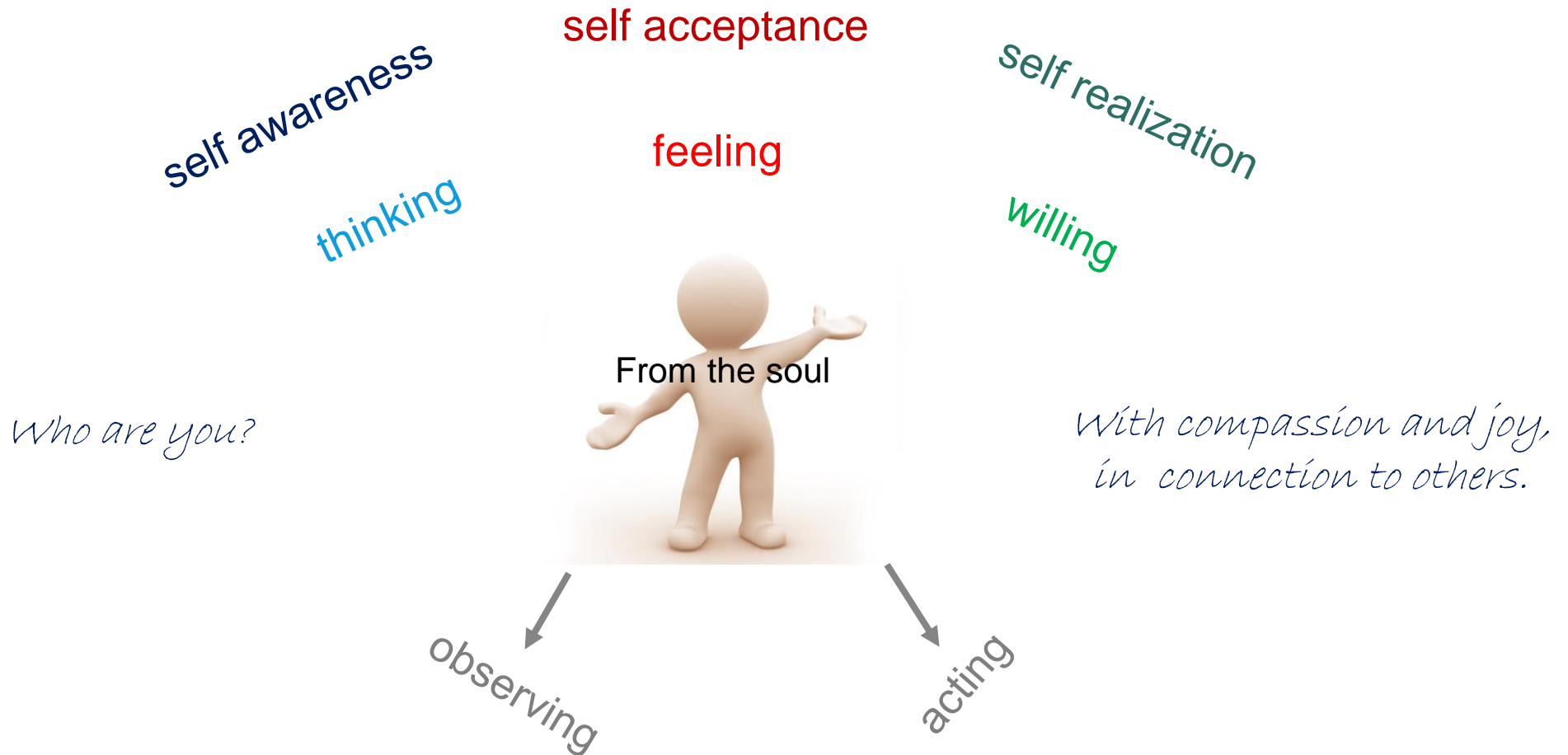


- Looking forward to this story?
- Prefer to be somewhere else?
- What would you like to share with us,
that hinders you to be fully here with your attention?

Leadership is a balancing act... in a constant movement



Leadership; from the soul



Mindfulness in practice

